

## **PRECAUTIONS FOR STAFF AND STUDENTS EXPOSED TO BLOOD/BODY FLUIDS**

The following procedures are recommended for the greatest possible protection of employees and students:

1. **Soiled objects and surfaces.** Objects or surfaces which are visibly soiled with blood/body fluids (mucus, semen, urine, stool, vomit) or any person, should be wiped clean with soap and water and then disinfected with bleach solution. The person doing the cleaning should be protected by disposable gloves in order to avoid exposure to open sores, etc. to blood/body fluids. Disposable materials such as paper towels should be used if possible and should be carefully disposed of in tied garbage bags. If mops are used, they should be immediately rinsed in the disinfectant solution.
2. Clothing or linens that are soiled with blood/body fluids should be carefully rinsed in cold water and then machine washed in hot water and ordinary laundry detergent. Once again disposable gloves should be worn while rinsing. All soiled articles that are disposable should be placed in tied plastic bags and then placed in regular garbage containers.
3. **First Aid** - Should any student or staff member require first aid for bleeding etc., preliminary first aid should be administered in the usual manner. As soon as possible, thereafter, all blood/body fluids should be thoroughly washed off in hot soapy water. Disposable gloves should be worn if possible in order to avoid exposure of open sores and/or broken membranes.

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