

## **DIVISIONAL NUTRITION POLICY**

In accordance with the Public Schools Act, Beautiful Plains School Division recognizes that our schools are required to have written policy respecting school food and nutrition. Schools review the policy each year and make information about the school nutrition program available to families at the beginning of each school year.

Beautiful Plains School Division recognizes that good nutrition is fundamental to:

- Normal child growth and development
- Learning and a readiness to learn
- A student's ability to concentrate
- Eating well helps children grow, develop and learn better at school
- Eating breakfast improves children's memories, concentration levels, problem solving abilities and creative thinking
- Schools have the responsibility to encourage healthy lifestyles and good nutritional Habits as outlined in Manitoba's curriculum.

As part of each school's nutrition program planning:

- Students all have access without barriers, shame, or stigma including the removal of barriers so that students can have equitable access
- Actively promote healthy eating consistent with Manitoba curriculum documents.
- Ensure that schools make food available following the guidelines listed in the [Manitoba School Nutrition Handbook](#)
- BPSD will only offer snacks and drinks that support good nutritional habits.
- Fund raising activities will consider the nutritional value when exploring options.

Approved: February 6, 2007

Revised: December 16, 2025